



# Sabrina Gahar

## Professor of Clinical Psychology

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### Trainings :

2023: independent Expert United Nation (CMW)

2021-2022: Expert consultant to Unicef Algeria

2020-2021: Reporter for Unicef Algeria (in charge of reporting on the issue of children and the pandemic)

2020-2024: Member of the Human Rights Council appointed by presidential decree, 2nd term, attached as rapporteur to the Women, Children and Vulnerable Persons Commission.

2019-2022: Expert consultant in charge of the drafting of the national report on childhood for the National Child Protection organ (ONPPE)

2019-2022: Expert for the international NGO: Penitential Reform International (PRI).

2018-2020: President of the commission for monitoring the implementation of the international convention on the rights of the child at the level of the National Council for Human Rights.

2017-2021: Head of the PRFU research project on the theme: Children, sexual abuse and psychological trauma, Clinical and Metric Psychology Laboratory, Algiers University2

2016-2020: Member of the Human Rights Council appointed by presidential decree, 1st term, attached to the Women, Children and Vulnerable Persons Commission.

2015-2020: Lecturer in Clinical Psychology at the Department of Psychology, in charge of teaching the modules: Psychotherapies, Clinical Expertise in Criminology, Behavioral and Cognitive Psychotherapies, and supervision of end-of-study theses in graduation; bachelor and master.

2008-2022: Psychotherapist at University Psychological Help Center (CAPU) at the University of Algiers 2.

2004-2008: Permanent assistant professor at the Department of Psychology and Science of Education and Speech Therapy

1998-2003: Administrator at the Ministry of Higher Education and Scientific Research, in charge of drafting training programs, organizing colloquiums and seminars and evaluating training feedback.

1994-1998: Principal administrative assistant at the sub-directorate of training and development at the Ministry of Higher Education and Scientific Research, in charge of evaluating training needs, organizing training courses, recruitment interviews.

Professional address :  
Laboratory of Clinical and Metric Psychology, University of Algiers2, Street Djamel Eddine El Afghani, Bouzareah, Algiers



Number :  
00213661959965



Professional email :  
[sabrinagahar@yahoo.fr](mailto:sabrinagahar@yahoo.fr)



### Titles and diplomas:

**2021:** Distinction PAM (Parliamentary Assembly of Mediterranean) award for the fight against domestic violence  
**2016:** Diploma of Psychotherapist in CBT  
**2016 :** HDR Diploma in Clinical Psychology  
**2015:** Doctorate in Clinical Psychology with first class honors  
**2003:** Master's degree in clinical psychology with first class honors  
**1993:** Bachelor's degree in clinical psychology (valedictorian)  
**1989:** Bachelor of Science

### **Organisation of competitions and training courses:**

2022: Facilitation of a training block on the psychological reading of observation No. 14 on the right of the child to be heard, organized jointly by PRI and ONPPE for the benefit of journalists

2022: Facilitation of several training workshops on developmental psychology, interpersonal communication techniques, stress management for the benefit of penitentiary staff and psychological expertise in relation to the best interests of the child, jointly organized by PRI and ONPPE for the benefit of: Officials of the unit for reporting violations of children's rights, juvenile judges and elements of the juvenile brigades of security services.

2021: Facilitation of a training block on stress management for practicing psychologists.

2020: Facilitation of a training workshop on interviewing and interviewing techniques with minors for the benefit of penitentiary staff and juvenile judges on children's rights; jointly organized by PRI and ONPPE, Hotel Olympic.

2015-2021 : Participation in the qualifying training in behavioral and cognitive therapies organized by the Association pour l'Aide, la Recherche et le Perfectionnement Psychologique (SARP) and the Association des Psychologues Praticiens de France

2014-2015: Participation in the continuing education of practicing psychologists in the health sector, teaching modules: ethics, psychotherapies, psycho-traumatology and victimology, jointly organized by the University of Algiers 2 and the health sector.

2011: Participation in the training of trainers of disabled people, at the National Centre for the Professional Training of the Motor Handicapped in Tipaza, attached to the Ministry of National Solidarity, Family and Women's Affairs.

### **Participation in study days, congresses and conferences:**

Participation in study days, congresses and conferences:

#### **1-National :**

- GAHAR Sabrina (2020), communication: Taking care of autistic children, the experience of the center of Bentalha: International symposium on "the situation of the handicap, crossed glance", 12 March 2020, University Algiers2.
- Gahar Sabrina & Boukaoula Zahra (2017), Technique of hearing children victims of sexual abuse, between the physical, psychological balance and data collection, 4th day of study on mental health and clinical children, Laboratory of Health Psychology, University Algiers2
- Gahar Sabrina, (2017), Violence, disappearance, kidnapping: realities and strategies for coping, national colloquium on child kidnapping, Bouchaoui Institute of Criminology, National Gendarmerie Command.
- 13 to 14 December 2015: "The social importance of the associative movement and the added value of the partnership between collective actors and researchers, round table with the speakers: Kouider Matir, Yves Pillant, Vincent Ferry, on the social importance of the associative movement organised by "Joussour", Oran University.
- June,14, 2014: "Children victims of violence and sexual harassment", study day on violence and harassment against women, National Foundation for Health Promotion and Scientific Research Development, FOREM, Bejaia.
- June 14, 2014: "Sexual harassment in university environments", study day on violence and harassment against women, National Foundation for the Promotion of Health and Development of Scientific Research, FOREM, Wilaya de Bejaia.
- 1 to 2 December 2013: "The consequences of conjugal violence against children", International Congress on: the family, trauma and resilience, University of Bejaia.
- 08 September 2013: "The situation of children in Algeria", national day on the current problems of childhood in Algerian society.
- April 2011: "The importance of social skills in the realisation of women's roles and their development", study day on women's rights, FOREM, Tiaret.
- November 19, 2010: "Children's rights in Algeria", National seminar on the place of the child in Islam, University of Islamic Sciences of Constantine.
- 23 September 2007: "Psychological follow-up of 271 adults in Bentalha traumatized by violence (longitudinal study)", National seminar on the future of traumatized people, Bentalha psycho-social care center.
- December 1, 1996: "Psychological care for AIDS virus carriers", Wilaya of Bordj Bou Arreridj.
- 1 to 7 July 1995: "AIDS in Algeria and in the world", intervention with the participation of : Bouaadjar, Bouchagra, Azouz: "Le salon du savoir", organized by FOREM, Hussein el Dey cultural center.

## **2-International :**

- GAHAR, S. (2017), Locus of control and some socio-demographic variables according to PTSD: 1<sup>st</sup>International Congress on trauma, grief and resilience, Laboratory of psychoanalytical and psychopathological anthropology, University of Algiers2, December 17-16,2017
- GAHAR, S., (2017),Observatory of children's rights (FOREM) strategies and perspectives in the face of violence against children; congress of abused childhood, University of Blida 4-5 April
- Gahar Sabrina & Bouflouh Imane (2017),The effectiveness of therapeutic education in improving the quality of life of mothers of children with cancer, 1st National Congress on Health Psychology: fields, perspectives and applications, Mental Health Laboratory, University of Algiers 2, March 13-14, 201
- GAHAR, S.,(2015), Isolated foreign minors: Experience of an Algerian-Norwegian partnership, International conference on modern intercultural, perspective and issues, University of Strasbourg, France.
- GAHAR, Sabrina (2014), The role of collective movement in the development of citizenship in school children, The first international conference on: Contemporary problems of youth and development of patriotism in society, University of Algiers 2.

## **National and international publications :**

- Moussa-Babaci Fatima, Costa-Fernandez Eaine, Gahar Sabrina, (2022), Education and Psychology in times of crisis, Harmattan.
- Gahar Sabrina (2021), What citizenship and what interculturality for Algerian youth in the digital and virtual era?: in a collective book under the dir. Maache Youcef: The Intercultural: Plural Approaches - Selected Texts, Berlin: European University Editions
- Gahar Sabrina & Youcef Maache, (2021), Literacy and return to school for the elderly: an intercultural and intergenerational experience in a collective book under the dir. Maache Youcef: The Intercultural: Plural Approaches - Selected Texts, Berlin: European University Editions
- Gahar Sabrina, Youcef Maache, KhiatiMustapha (2021), the Algerian and African school: major intercultural issue in a collective book under the dir. Maache Youcef: The Intercultural: Plural Approaches - Selected Texts, Berlin: European University Editions.
- Khiati Mustapha, Zemirline Souhila, GAHAR Sabrina, (2021), The medium-term future of traumatized children, in the collective book S/D by Fatima Moussa Babaci, Becoming victims and taking charge of trauma, France: Harmattan edition.
- Gahar Sabrina, Sahraoui Antissar, Maache Youcef (2021), Covid-19 and new roles allocated to the Algerian University:

Psychological & Educational Studies, No 14, Kasdi Merbah Ourgla University

-Azzouz Hamida & GAHAR Sabrina (2021), burnout in a sample of nurses from psychiatry departments, AFAK and AFKAR review, Vol 9, no2, University of Algiers2

- GAHAR Sabrina (2021), Psychological care in times of pandemic: the experience of the National Foundation for Health Promotion and Research Development (FOREM) in teleconsultation. ARIC Congress at the University of Nice.

- Bahmed Anes, Gahar Sabrina, Bedad Nadia (2020), study of cognitive and emotional characteristics of victims of extreme violence with PTSD, case studies, Revue Afak et Afkar, Vol8, No 2, University of Algiers 2

- GAHAR, S. (2020), Psychology of development, study and understand the Freudian conception, Dar El Houada, Algeria.

- GAHAR,S. (2018), Which citizenship and which interculturality for the Algerian youth: a digital citizenship and interculturality: Revue des sciences humaines Constantine No49, Vol B, PP207-213 <http://revue.umc.edu.dz/index.php/h/article/view/2806>

- Bahmed, A, Gahar, S, Bedad N., (2018), Risky occupations and PTSD: Cognitive specificities in responder's victims of terrorist attacks. Result of the Algerian normative and psychopathological study of the Rorschach in integrated system", Dec 2018, ALGIERS, Algeria. fahal-02342907e / <https://hal.archives-ouvertes.fr/hal-02342907>

-Gahar Sabrina & Boukaoula Zahra, (2017), Reality on the phenomenon of child sexual abuse in Algeria, in: studies on violence and sexual abuse of children, Algiers: Dar El Konouz El Hikma

-Gahar Sabrina & Khiati Mustapha, (2014), La situation de l'enfant en Algérie : Rapport de l'Observatoire des Droits de l'Enfant, Revue El Morchid du laboratoire de psychométrie et de counseling. N°3 : 21-25.

-Sahraoui Intissar & Gahar Sabrina, (2013), Psychic repercussions of domestic violence on children, Proceedings of the international symposium on: The family, trauma and resilience, University of Bejaia, under the supervision of Bouatta Cherifa and Sahraoui Intissar.

### **Committee member, organizations and associations:**

-2022: President of a workshop on quality education and the right of child to have education organized by the National Body for Child Protection at the 1st Ministry, and the National Economic, Social and Environmental Council .

-2022: Workshop president at the international day for the fight against violence against women organized by the National Council for Human Rights.

-2022: Workshop President at the International Day of Autism organized by the National Council for Human Rights.

-2015: President of the organizing committee of the National Seminar on the reality of the Algerian child at the preschool stage, organized in partnership with the National Foundation for the promotion of health and the development of Scientific Research and the National Advisory Commission for the Protection and Promotion of human rights, the Hotel El Safir..

-2014: President of the scientific committee of the National Day of Disability: effective prevention mechanisms for children with disabilities, Hilton Hotel.

-2014: President of the Scientific Committee of the Observatory for Children's Rights (ODE)

-2013-2023: Member of the International Association for Intercultural Research (ARIC)

-2013-2022: Member of the Administrative Council of the Association for Psychology, Assistance, Research and Training (SARP)

-2013-2023: President of the Scientific Council of the National Observatory for the Protection of Children's Rights (ODE)

-2011-2022: Vice-president of the National Foundation for the Promotion of Health and the Development of Research (FOREM)

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